

Modified 6 v 6 Rules for Soccer (May be used for 7 v 7)

- Field
 - Dimensions shall be 40 yards by 60 yards with a halfway line and a center circle with an 8 yard radius.
 - Goals shall be 18 feet by 6 feet.
 - Goal area shall be 6 yards x 19 yards.
 - Penalty area 14 x 35 yards.
 - Penalty spot is 8 yards from goal.
- Ball Sizes
 - U-10 and U-12 = size 4
 - U-13 and up = size 5
- Players must be geared properly at all practices and games:
 - Cleats, shin guards, and soccer socks (completely covering the shin guards).
 - No jewelry of any kind (earrings, necklaces, bracelets).
 - No hard plastic or metal hair accessories (bows, clips, head bands, etc.).
- Number of Players
 - Format is 6 v 6 with a goalkeeper.
 - Minimum on field is 4.
 - Maximum rostered players is 10.
 - Player must be allowed to play minimum of 50% of each game.
 - Exceptions include injury, illness, unwillingness to play or disciplinary reasons.
 - Substitutions may be made with the permission of the referee during stoppage of play for:
 - Injury - either team
 - Goal kick - either team
 - After a goal - either team
 - Throw-ins - either team.
 - Players must enter and leave the field at the halfway line. Players to be substituted should be at halfway line prior to the ball leaving the field.
- Games durations
 - (2) 25 minute quarters
 - 5 min break at half time
- One Referee shall be allocated to every match.
- Start of Play
 - Winner of coin toss decides which end to attack.
 - Ball must move slightly forward (not backward).
 - Kicker may not kick the ball a second time until another player touches the ball.
 - Opponents must be 8 yards from the center mark.
 - Goals may not be scored at the kick-off.
- Method of Scoring Conform to FIFA.
 - Exception: goals scored from offensive half only.
- There is no offside. Referee, however, may discourage "goal-hanging".
- Fouls and Misconducts Conform to FIFA, exceptions:
 - Referee will explain all infractions to the offending player
 - Free Kicks: Opponent shall remain 8 yards from ball.
 - Penalty Kicks: Opponent shall remain 8 yards from ball.

- Ball In and Out of Play
 - Ball must be 100% over line to be out.
 - Throw-In: Balls out of bounds are put into play by the opposing team at the point on the touchline where the ball was kicked out of bounds.
 - Except: Following an illegal throw-in, the referee may explain the proper method and allow the player to try again. Referees have considerable discretion, keeping in mind the flow of the game, and the instructional aspects of the game.
 - Goal Kick: Goal kick is taken by defending team from any point on goal line.
 - Opponents must be 8 yards away from ball.
 - Corner Kick: If team defending goal touches ball last before it crosses goal line, attacking team puts it into play with an indirect corner kick.
 - Opponents must be 8 yards away from ball.
- Opposing parents/coaches and players should shake hands after each game.