

Modified 4v4 Rules for Soccer

- Field
 - Dimensions shall be 30 yards by 50 yards with a half-way line and a center circle with a 5 yard radius.
 - Goals shall be 6 feet by 12 feet.
 - Goal area is 3 yard from each post and 3 yards deep.
 - Penalty area is 12 yards by 35 yards.
- Ball size 3.
- Players must be geared properly at all practices and games:
 - Cleats, shin guards, and soccer socks (completely covering the shin guards).
 - No jewelry of any kind (earrings, necklaces, bracelets).
 - No hard plastic or metal hair accessories (bows, clips, head bands, etc.).
- Number of Players
 - Format is 4v4 with **NO GOALKEEPER**.
 - Minimum players on field is 2
 - Maximum rostered players is 7.
 - Players must be allowed to play minimum of 50% of each game.
 - Exceptions include injury, illness, unwillingness to play, or disciplinary reasons.
 - Substitutions can be made with referee's permission for injury or at the quarter.
- Games durations
 - (4) 10 minute quarters
 - 2 min break between 1st and 2nd quarter; 2 min break between 3rd and 4th quarters
 - 5 min break at half time
- One neutral official (referee) shall be allocated to every match. All infringements shall be briefly explained to the player.
- Start of Play:
 - Winner of coin toss decides which end to attack.
 - Ball must move slightly forward (not backward).
 - Kicker may not kick the ball a second time until another player touches the ball.
 - Opponents must be 5 yards from the center mark.
- No official score will be recorded.
- There is no offside. Referee, however, may discourage "goal-hanging".
- Fouls and Misconducts Conform to FIFA
 - Exception: Referee will explain all infractions to the offending player
 - All free kicks are direct and opponent shall remain 4 yards from ball.
 - There shall be no penalty kicks.
- Ball In and Out of Play:
 - Ball must be 100% over line to be out.
 - Throw-In: Balls out of bounds are put into play by the opposing team at the point on the touchline where the ball was kicked out of bounds. One re-throw/team after instruction by official.
 - Goal Kick: Goal kick is taken by defending team from any point on goal line. Opponents must be 4 yards away from ball.
 - Corner Kick: If team defending goal touches ball last before it crosses goal line, attacking team puts it into play with an indirect corner kick. Opponents must be 4 yards away from ball.
- Opposing parents/coaches and players should shake hands after each game.